

What is Critical Race Theory?

FAYE Z. BELGRAVE, PH.D. PAUL B. PERRIN, PH.D.

Objectives

- Present an overview of what CRT is and is not
- Discuss some applications of CRT (from our perspective)
- ► Facilitate discussion

Let's Deconstruct

- Critical of significance or importance
- Race is mostly a social construct and used to describe and categorize people into various social groups based on physical characteristics
- Theory beliefs, assumptions that guide how we understand or explain something



CRT is a framework that considers the historical and contemporary role of race in experiences and outcomes.

₽

CRT

 "The critical race theory (CRT) movement is a collection of activists and scholars interested in studying and transforming the relationships among race, racism, and power." (Delgado and Stefancic)

CRT

- CRT considers how systemic and structural racism embedded in institutions perpetuate racial inequalities.
- CRT acknowledges that a history of enslavement, segregation, and second-class citizenship for African Americans and other people of color continue to contribute to inequalities and disparities.
- CRT also recognizes that race intersects with other identities, including sexuality, gender identity, and others.

Beginnings

- Critical race theory came out of a framework for legal analysis over 40 years ago.
- Created by legal scholars Derrick Bell, Kimberlé Crenshaw, Richard Delgado, among others.
- Legal scholars examine laws that intersect with issues of race.

Examples

The legal enslavement of Africans and then Jim Crow Laws

- ► Forbid interracial marriage
- Forbid/restricted Blacks from voting
- Restricted where Blacks could live
- Restricted where Blacks could attend school
- Crack-cocaine disparities in sentencing
- These laws have contributed to racial inequities including housing covenants, redlining, racial disparities in sentencing, etc.

Principles of CRT

- Racism is embedded in everyday life in the U.S. and is not an aberration.
- The interests of people of color will only be advanced to the extent that they also advance White interests.
- Race is socially constructed and there are no inherent characteristics of any racial group.
- There are differential racialization or unique patterns of racial marginalization across racial groups.

Principles of CRT

- There are intersecting multiple, mutually-reinforcing forms of oppression that contextualize lived experiences (e.g., being Latina/o, poor, and gay).
- Due to experiences with racism, racial/ethnic minorities have perspectives that differ from Whites.
- CRT assumes a commitment to social justice.

Various disciplines use framework of CRT

- Law
- Education
- Psychology
- Sociology
- Social Work
- Medicine
- Health Care
- Others

- It is not a course that is taught (in K-12).
 - It is a perspective used for understanding lived experiences and outcomes.
 - CRT may be used to inform practices and policies to reduce educational disparities for students of color.

- It does not embrace that White people need to be discriminated against to make up for past discrimination of people of color.
 - It acknowledges racial inequalities for people of color and ways to reduce these inequities.

- CRT theorists do not reject principles of the civil rights movement of equality.
 - It acknowledges historical oppression and advocates for equity.

- CRT's focus is not to make Whites feel guilty and to blame for everything that is wrong.
 - It acknowledges the significance of race in life experiences and outcomes for racial/ethnic minorities.
 - It advocates for valid historical accounts of how different racial groups have been treated in this country.

Applications

Understanding and Increasing Equity

 CRT helps us understand why equity is important and how it differs from equality.

CRT provides a framework for understanding racism and how to reduce the impact of racism. ₽

Equity



- Robert Wood Johnson
- YouTube (https://www.youtube.com/watch?v=MIXZyNtaoDM)





Equity Defined

- Equity is the process of ensuring that procedures and programs are impartial and provide equal possible outcomes for every individual.
- It ensures everyone has access to the same opportunities and recognizes we don't all start from the same place because some groups have more advantages and others face more barriers.
- Equity corrects for this imbalance.

Racism

- Definition 1: prejudice, discrimination, or antagonism directed against someone of a different race/ethnicity based on the belief that one's own race is superior
- Definition 2: system of advantage based on race/ethnicity

Racism

Individual racism:

 Pre-judgment, bias, or discrimination by an individual based on race.

Institutional racism:

 Policies, practices and procedures that work better for white people than for people of color, often unintentionally or inadvertently.

Structural racism:

 A history and current reality of institutional racism across all institutions, combining to create a system that negatively impacts communities of color.



CRT's Focus

- CRT focuses on structural and institutional racism where policies and systems operate.
- Disparities in finances, health, education, housing, and incarceration, provide compelling augments for racism existence at an institutional and systemic level.

Examples: Annual Family Income



Examples: Family Wealth



Examples: Imprisonment



Examples: Health Disparities – First Heart Attack



Examples: Health Disparities – Mortality



Applying CRT to Our Community?

- Who has the best access to fresh food and supermarkets?
- ► To the most highly ranked school systems? To better health care?
- Who on average lives in more affluent and safer neighborhoods?
- How can we expect there to no longer be a legacy from our nation's history?
- If these disparities are not caused by this legacy and a current day reality of racism, then what?

